



AAPYAM AYURVEDA FOUNDATION ®

Pragathi Nagara.Jog Road,Sagar,Shimoga Dist-577401

(O) 08183 – 229977, aapyamayurvedafoundation@gmail.com

AAPYAM AYURVEDA FOUNDATION ®

YEAR REPORT 2021 – 2022





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Pragathi Nagara.Jog Road,Sagar,Shimoga Dist-577401
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Chairman : Dr. Niranjan Hegde

Co- chairmen : Dr. Hemachandra Shetty

Managing Trustee : Dr. Sriharsha K. V

Treasurer : Dr. Ravi K V

Members : Dr. Pankaj B. Patil

Dr. Ranjani Deshpande

Dr. Pradeep E. K

Dr. Nikhila Hiremat

Dr. Divya Jyothi



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Current profile of members

SIN o:	Name	Qualification	Current Profile
1.	Dr. Niranjana Hegde	MD(Ayu)	Chief Consultant,Aapyam Ayurveda Treatment Centre, Sagar, Shimoga Dist, Karnataka 577401
2.	Dr.Hemachandra Shetty	MS (Ayu)	Chief Consultant, Aapyam Ayurveda Clinic, Madyantar Belthangady, Manglore 574224
3.	Dr.Sriharsha K V	MD (Ayu)	Lecturer, Dept of Samhitha, Sri Sri Ayurveda, Bangalore
4.	Dr.Ravi K V	MD (Ayu)	Asst Prof, SDM College of Ayurveda, Udupi
5.	Dr.Nikhila Hiremat	MD Phd	
6.	Dr.Pradeep E. K	MD (Ayu)	Chief Consultant, Aapyam Mudai Clinic, Malpe, Udupi 576102
7.	Dr.Divya Jyothi	MD Phd	
8.	Dr. Ranjani Deshpande	MS (Ayu)	
9.	Dr. Pankaj Patil	MD (Ayu)	Chief Consultant, Patil Hospital 2 nd floor butale building Beside Raj Computers, Halyal Circle Athani



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ನೀವೂ ನಮ್ಮ ಜೊತೆ ಹೆಜ್ಜೆ ಇಡಿ. . .

ನಮ್ಮ ಸಂಸ್ಥೆಯ ಸಮಾಜಮುಖಿ ಕಾರ್ಯಗಳಿಗೆ ನೀವೂ ಕೈ ಜೋಡಿಸಿ. ಹೀಗೆ ನಮ್ಮೊಂದಿಗಿರುವುದು....

- ದಾನಿ ಸಂದರ್ಶನಗಳ ಸಕ್ರಿಯರಾಗುವುದು.
- ಸಂಸ್ಥೆಯ ವಿವಿಧ ಕಾರ್ಯಕ್ರಮಗಳಿಗೆ ಆರ್ಥಿಕ ನೆರವು.
- ಸಂಸ್ಥೆಯ ಕಾರ್ಯಕ್ರಮಗಳಿಗೆ ಸಹಭಾಗಿತ್ವ ವಹಿಸುವುದು, ಇಲ್ಲವೇ ಪ್ರಾಯೋಜಕರಾಗುವುದು.
- ವಿವಿಧ ಕಾರ್ಯಕ್ರಮಗಳ ರಾಜ್ಯ/ರಾಷ್ಟ್ರ/ಅಂತರಾಷ್ಟ್ರೀಯ ಮಟ್ಟದ ಸಂಯೋಜಕರಾಗಿ, ತಮ, ಮನ, ಧನದ ನೆರವು.
- ಸಂಸ್ಥೆಯ ಮೂಲಕ ಕ್ಷೇತ್ರದ ಆಗತ್ಯತೆಗಳಿಗೆ ಸ್ಪಂದಿಸುವ ಅವಕಾಶ ಕಲ್ಪಿಸಿಕೊಡುವುದು.

Join our pace....

You can be a part of the endeavors of our foundation in the following ways

- Become a Donor member.
- Monetary support.
- Organizational association/ sponsorship.
- Instrumental as convener/s for State/
- National/ International level programmes.

ಗಾಂಧಿನಗರ ವೃತ್ತ, ಸಿ.ಎ. ಬಿ.ಎಲ್. ರಸ್ತೆ, ಸಾಗರ - ೫೭೭ ೪೦೧
ಕಿವಿವೂಗ, ಜಿಲ್ಲೆ ಕರ್ನಾಟಕ, ಭಾರತ. ದೂರ: ೦೮೧೮೩ - ೨೨೯೯೭೭
ಇ-ಮೇಲ್: aapyamayurvedafoundation@gmail.com
ಜಾಲತಾಣ: www.aapyamayurveda.com

Apyam
Ayurveda Foundation ®
Reg No. 15GR-4-0089-2013-14

Chief Patron
Dr. Prasanna N. Rao
Principal, SDM College of Ayurveda & Hospital, Hassan

Chairman
Dr. Niranjan Hegde
Sagar, Shivamogga. Ph: 94815 92737

Co - Chairman
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Madanbyar, Mangaluru. Ph: 96329 54244

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Perumde, Kasaragodu Ph: 94489 52800

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Dr. Sahana Shankari
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Dr. Deepak B. S. R
Shivamogga. Ph: 94805 44164

Dr. Shruthi Rama. Sharma
Bengaluru. Ph: 98003 10758

Gandhinagar Circle, New BH Road, Sagar - 577 401
Shivamogga Dist, Karnataka, India. Ph: 08183-229977
e-mail: aapyamayurvedafoundation@gmail.com
web: www.aapyamayurveda.com

Apyam
Ayurveda Foundation®

ಆಪ್ಯಂ
ಆಯುರ್ವೇದ ಪ್ರತಿಷ್ಠಾನ (೦)

ಭಿನ್ನ ದುರಿಗಳ ಇಂದ್ರಧನುಸುಮಿ, ಬೈತೆರಿಬಾಗಿರಿ ಜಾಮರ |
ಬಿಗುರು ಹುಸಿರ ಬಿರಿವ ಹೂವಿಗೆ ತೊನವ ಭರವಸೆ ಛಾಮರ ||
ಮೈಟ ಬದುಕಿರ ವೇದನಾಕವ ಮಿಳಿ ಸುಖಿಸುವ ನೂತುಕ |
ಭಿನ್ನ ಕಂಠದಿ ಇಂಪು ದನಿಯು ಸುಖಿಸಿ ಜೀವಕವ ಗೋಪುಕ ||

APYAM AYURVEDA FOUNDATION ® is a pioneering organization of dedicated young minds enduring the task of engendering the authentic principles of Ayurveda for societal welfare. Since, inception on 13th September 2013, it is in vision of gratifying varied facets of Ayurveda to factions of all ages with utmost conscientiousness.

Accomplished/ Intended Programmes :
Apyam Ayurdhara - Ayurveda awareness programme for general public.
Apyam Prabodhana - National level Motivational Symposiums for budding Ayurveda Physicians
Apyam Samvada - A platform to communicate the issues and challenges concerned with Ayurveda fraternity with policy makers.
Apyam Maanini - Sensitization programmes specially designed for women
Apyam Mitra - Resolving problems pertaining to teenagers.

ಆಪ್ಯಂ ಆಯುರ್ವೇದ ಪ್ರತಿಷ್ಠಾನ (೦) ಆಯುರ್ವೇದದ ತತ್ವ ಸಿದ್ಧಾಂತಗಳನ್ನು ಸಮಾಜಮುಖಿಯಾಗಿ ರೂಪಿಸುವ ಜವಾಬ್ದಾರಿಯನ್ನು ಹೊತ್ತಿರುವ ಯುವ ತತ್ವಿಯ ಸಂಕೇತ. ಸೆಪ್ಟೆಂಬರ್ ೧೩, ೨೦೧೩ರಲ್ಲಿ ಸ್ಥಾಪಿತವಾದ ಪ್ರತಿಷ್ಠಾನವು, ಆಯುರ್ವೇದದ ವಿವಿಧ ಅಂಗಗಳನ್ನು ಪ್ರತಿಯೊಂದು ದರ್ವೀಷವಾದದ ಜನಸಾಮಾನ್ಯರಿಗೆ ತಲುಪಿಸಿ, ಸ್ಪಷ್ಟ ಸಮಾಜ ನಿರ್ಮಾಣದ ಕನಸು ಕಾಣುತ್ತಿರುವ ವೈದ್ಯಕ ತಂಡ.

ಸಾಕಾರಗೊಂಡ/ ಉದ್ದೇಶಿತ ಕಾರ್ಯಕ್ರಮಗಳು:
ಆಪ್ಯಂ ಆಯುರ್ಧಾರ - ಜನಸಾಮಾನ್ಯರಿಗೆ ಆಯುರ್ವೇದ ತಿಳುವಿಕೆ - ಪ್ರಾತ್ಯಕ್ಷಿಕೆ.
ಆಪ್ಯಂ ಪ್ರಬೋಧನಾ - ಸ್ನಾತಕ ಮತ್ತು ಸ್ನಾತಕೋತ್ತರ ವಿದ್ಯಾರ್ಥಿಗಳಿಗಾಗಿ ರಾಷ್ಟ್ರಮಟ್ಟದ ಕಾರ್ಯಾಗಾರ.
ಆಪ್ಯಂ ಸಂವಾದ - ಆಯುರ್ವೈದ್ಯರೊಳಗಿನ ಸಮಸ್ಯೆ ಸಮಾಜಗಳಿಗೆ ಸರಕಾರದೊಂದಿಗೆ ಸಂವಾದ, ಮನವಿಗಳಿಗೆ ವೇದಿಕೆ.
ಆಪ್ಯಂ ಮಾನಿನಿ - ಮಹಿಳೆಯರ ಆರೋಗ್ಯ ಸಮಸ್ಯೆಗಳಿಗೆ ಆಯುರ್ವೇದ ಪರಿಹಾರ.
ಆಪ್ಯಂ ಮಿತ್ರ - ಹದಿನೆರೆಯದ ವಿದ್ಯಾರ್ಥಿಗಳ ಜೀವನದ ಗೊಂದಲಗಳಿಗೆ ಸ್ನಾತಕೋತ್ತರ ಪರಿಹಾರ.

Aims & Objectives

The foundation caters to the following three sectors

For the Science

- To create appropriate platforms for growth of Ayurveda aiming at its worldwide acceptance.
- To make Ayurveda as an integral part of health care management.
- To standardize the traditional knowledge on scientific parameters.
- To document and publish Ayurvedic literature, manuscripts, journals in a scientific manner.

For the Doctoral Community

- To encourage principle oriented practice in Ayurveda.
- Creating platform for development of clinical skills.
- To establish clinical institutes for self development of Ayurveda graduates .
- To organize and conduct educational and awareness programmes.

For the Public

- Awareness towards application of principles and herbs for better health
- Encourage cultivation of medicinal plants.
- To grant aid in cash or kind for poor needy students.
- To establish, run and manage public utility ventures.

ಧೈಯೋದ್ದೇಶಗಳು

ಪ್ರತಿಷ್ಠಾನವು ತನ್ನ ಕಾರ್ಯತಂತ್ರಗಳನ್ನು ಮೂರು ಸ್ತರಗಳಲ್ಲಿ ನಿರ್ವಹಿಸುತ್ತಿದೆ

ಆಯುರ್ವೇದದ ಕ್ಷೇಮಾಭಿವೃದ್ಧಿಗಾಗಿ

- ಆಯುರ್ವೇದದ ಬೆಳವಣಿಗೆಗೆ ಸೂಕ್ತ ನೆರವುಗಳನ್ನು ರೂಪಿಸುವುದು ಮತ್ತು ಜಾಗತಿಕವಾಗಿ ಸ್ವೀಕೃತಿಗೊಳಿಸುವುದು.
- ಆಯುರ್ವೇದದವನ್ನು ಸಮಗ್ರ ಆರೋಗ್ಯವ್ಯವಸ್ಥೆಯ ಅವಿಭಾಜ್ಯ ಅಂಗವನ್ನಾಗಿಸುವುದು.
- ಪಾರಂಪರಿಕ ವೈದ್ಯ ಪದ್ಧತಿಯ ವೈಜ್ಞಾನಿಕ ಪುನರ್ನಿರ್ಮಾಣ.
- ಆಯುರ್ವೇದ ಶಾಸ್ತ್ರ ಸಾಹಿತ್ಯವನ್ನು ದೃಢಪಡಿಸುವ ದಿವ್ಯಲ್ಲಿ ಅಪ್ರಕಟಿತ ಆಯುರ್ವೇದ ಸಾಹಿತ್ಯದ ಪುನಶ್ಚೇತನ ಹಾಗೂ ನಿಯಂತ್ರಣಾತ್ಮಕ ಪ್ರಕಾಶನ.

ವೈದ್ಯಕವೃಂದದ ಕ್ಷೇಮಾಭಿವೃದ್ಧಿಗಾಗಿ

- ಸಿದ್ಧಾಂತ ಆಧಾರಿತ ಚಿಕಿತ್ಸೆಯ ಪುನರ್ನಿರ್ಮಾಣ ಹಾಗೂ ಅದರ ಅನುಷ್ಠಾನಕ್ಕೆ ಪ್ರೋತ್ಸಾಹ.
- ಚಿಕಿತ್ಸಾ ನೈಪುಣ್ಯತೆಯ ಸಿದ್ಧಿ ಮತ್ತು ಅನುಷ್ಠಾನಕ್ಕೆ ವೇದಿಕೆ ನಿರ್ಮಾಣ.
- ಆಯುರ್ವೇದ ವೈದ್ಯಕ ವೃತ್ತಿಪರತೆಗೆ ಪ್ರೋತ್ಸಾಹವಾಗುವ ಸಂಸ್ಥೆಗಳ ಸ್ಥಾಪನೆ.
- ವೈದ್ಯ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಶೈಕ್ಷಣಿಕ ಮತ್ತು ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮಗಳ ಆಯೋಜನೆ.

ಸಾಮಾಜಿಕ ಕ್ಷೇಮಾಭಿವೃದ್ಧಿಗಾಗಿ

- ಆರೋಗ್ಯಪೂರ್ಣ ಜೀವನಕ್ಕೆ ಆಯುರ್ವೇದ ಸಿದ್ಧಾಂತ ಹಾಗೂ ಗಿಡಮೂಲಿಕೆಗಳ ಉಪಯೋಗದ ಬಗ್ಗೆ ಸೂಕ್ತ ತಿಳುವಿಕೆ.
- ಔಷಧೀಯ ಸಸ್ಯಗಳ ಕೃಷಿಗೆ ಪ್ರೋತ್ಸಾಹ.
- ಪ್ರತಿಭಾವಂತ ಬಡವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಅಗತ್ಯ ಪ್ರೋತ್ಸಾಹ.
- ಸಾರ್ವಜನಿಕ ಉಪಯೋಗಕ್ಕೆ ಯೋಜನೆಗಳ ಅನುಷ್ಠಾನ ಮತ್ತು ಪಾಲನೆ.



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Current Address of the members

SIN o:	Name	Address
1.	Dr. NiranjanaHegde	Aapyam Ayurveda Treatment Centre, Sagar, Shimoga Dist, Karnataka 577401
2.	Dr.HemachandraShetty	Durga Krupa House, Ballamanja, Machina Beltangady (Tq) 574224 DK
3.	Dr.SriharshaK V	136, 4 th main 4 th cross, Gaurav Nagar, JP Nagar 7 th phase, Bengaluru 560 078
4.	Dr.Nikhila Hiremat	
5	Dr. Ravi Bhat	Annapoorna, Behind Jagadurga Temple, Balaji layout, Kanarpady Udupi 574118
6.	Dr.Divya Jyothi	
7.	Dr.Pradeep E. K	Edakkana House, Post Permude via Mangalpady, Kasaragod Kerala 671324
8	Dr. Ranjani Deshpande	136, 4 th main 4 th cross, Gaurav Nagar, JP Nagar 7 th phase, Bengaluru 560 078
9.	Dr. Pankaj Patil	Opp. Sanjay Gandhi English Medium School P.O Athani



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AAPYAM AYURVEDA FOUNDATION PROGRAMMES

1. Free Health Camp

Date : 20-08-2021

Venue : Siddapura

Time : 10:30 AM

Theme : General health checkup for elderly and children.

Organizers : Aapyam Ayurveda Foundation Sagar

Participants : 100

Aapyam Ayurveda Foundation organized Free Community Health Camp for Senior citizens and children in Ayush health clinic Siddapura. While the Camp was open to all, the main target demographic was the elderly citizen living near the area. DR Niranjana Hegde along with some other doctors shared his wisdom about Ayurveda and its health benefits. Around 100 patients from different sectors, age groups and economic backgrounds attended the Camp.



Co – ordained by:

Dr. Niranjana Hegde

Chairmen, AAF® Sagar



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2. Vedayur Jyothishya Sasya sameeksha

Date : 12-09-2021

Venue : Umachagi

Time : 9:30 AM

Theme : Jyothir Vana

Organizers : Aapyam Ayurveda Foundation Sagara, Indian science foundation , Sathvik Foundation

Participants : 120

Subject: Ayurveda for health and wellness.

A unique program in which discussion was made on how Jyothisya Shastra the practice of Vedic astrology, the system of predicting one's destiny based on the position of the stars and planets, is as timeless as ancient India. Originating from the Vedas, a collection of sacred Hindu texts, astrology is still prevalent today, so much so that many Hindus will consult with an astrologer before pursuing any major life endeavor, or when they are experiencing particular hardship. Also, the speaker addressed about Plants and the zodiac have become intertwined through folklore and spoken traditions, with certain plants corresponding to sun signs in the zodiac. This practice is called botanical astrology when referring to plants or Astro herbalism when handling herbs. This practice combines celestial bodies' energies with plants' healing power.

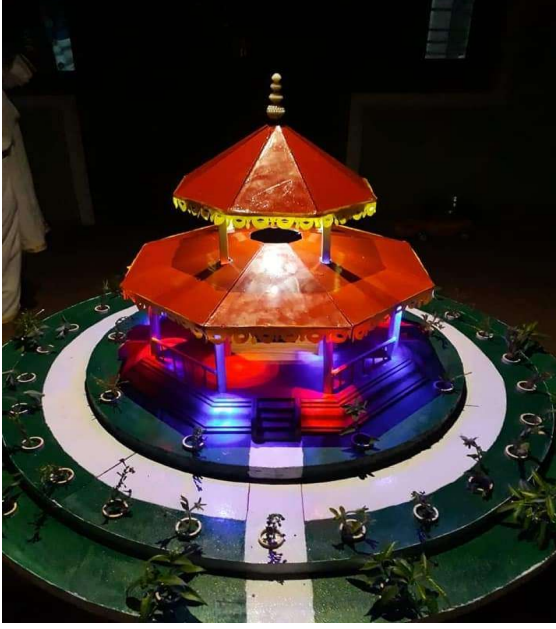
Particulars	Spearhead
Prayer	Audience
Welcome Speech	Dr Niranjana hegde
Inauguration –Lighting the lamp	Guests
Keynote address	Dr. K C Nagesh Bhat
Presidential Address	M G Bhat
Chief Guest	Shivaram Hebbar



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Jyotishya vana model



Invite Card

ಉಮ್ಮಚಗಿಯಲ್ಲಿ 'ವೇದಾಯು ಜ್ಯೋತಿಷ ಸಸ್ಯ ಸಮೀಕ್ಷೆ'

ಯಲ್ಮಾಪುರ, ಸೆ.13: ಭಾರತೀಯ ಜ್ಞಾನವಿಜ್ಞಾನ ಪರಿಷತ್, ಆಪ್ಯಂ ಆಯುರ್ವೇದ ಪ್ರತಿಷ್ಠಾನ ಹಾಗೂ ಸಾಕ್ಷಿಕೆ ಫೌಂಡೇಶನ್‌ನಿಂದ ಆಯೋಜಿಸಿದ ಉಮ್ಮಚಗಿಯ ಸುಮೇರು ಜ್ಯೋತಿಷ ಸಸ್ಯ ಸಮೀಕ್ಷೆ ಕಾರ್ಯಕ್ರಮ ಇದೆಯು, ಕಾರ್ಯಕ್ರಮ ಉದ್ಘಾಟಿಸಿದ ಕಾರ್ಮಿಕ ಹಾಗೂ ಜಿಲ್ಲಾ ಉಸ್ತುವಾರಿ ಸಚಿವ ಶಿವರಾಮ ಹೆಬ್ಬಾರ್, ಆಧುನಿಕತೆಗೆ ಎಚ್ಚೆ ಮುಂದುವರೆಯಲಿ, ಪರಿಸ್ಥಿತಿಗಳು ಬದಲಾಗಲಿ ಅಂತಿಮವಾಗಿ ಮನುಷ್ಯನು ಜ್ಯೋತಿಷ್ವಾಸ್ತು ಮತ್ತು ಧಾರ್ಮಿಕ ನಂಬಿಕೆಯನ್ನು ಅವಲಂಬಿಸುತ್ತಾನೆ. ಸಹಾನ ಸಂಸ್ಕೃತಿ ಮತ್ತು ಪದ್ಧತಿ ಬೇರಬದಿ ಬೇರಾಳೆ. ಸಹಾನ ಸಂಸ್ಕೃತಿಗೆ ಹೊಂದಿಕೊಂಡು ಆರೋಗ್ಯಮಾಣಕ ಸಮಾಜಕ್ಕೆ ಪೂರಕವಾದ ವಾತಾವರಣವನ್ನು ನಿರ್ಮಾಣ ಮಾಡಲು ಎಲ್ಲರೂ ಸಹಕರಿಸಬೇಕೆಂದರು. ಉಮ್ಮಿ, ಅತಿಥಿಗಳಾಗಿ ಎ.ವಿ.ಎಂ.ಸಿ.



ಅಧ್ಯಕ್ಷ ಎಂ.ಬಿ. ಭಟ್, ಸಂಕರಗುಂಡಿ, ಆಯುರ್ವೇದ ವೈದ್ಯ ಡಾ. ಪಶಂಪಲಿ ಕೆ.ವಿ. ಉಪಸ್ಥಿತರಿದ್ದರು. ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಗಳಾಗಿ ವಿ. ಅನಂತಮೂರ್ತಿ ಭಟ್, ಯಲಗುಗುರು, ಡಾ. ನಿರಂಜನ್ ಹೆಗಡೆ, ಡಾ. ವಿಜಯಕು ಉಪಾಧ್ಯ, ವಿ. ಸೀತಾರಾಮ

ಭಟ್ಟ, ಮತ್ತಿಗುರು ಅಧಿಕಾರರು ಉಪಸ್ಥಿತರಿದ್ದರು. ಡಾ. ಸಾಗೇಶ್ ಭಟ್ ದಿಕ್ಷಿತ್ ಭಾಷಣ ಮಾಡಿದರು. ಪರಿಷತ್ ಅಧ್ಯಕ್ಷ ಡಾ. ನಿವೇದಿತಾ ಭಟ್ ಸ್ವಾಗತಿಸಿದರು. ಗುರುಪಾದ ಹೆಗಡೆ ವಂದಿಸಿದರು.

Article published in newspaper about the event



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ಸನಾತನ ಸಂಸ್ಕೃತಿಯೇ ನಮ್ಮ ಜೀವಾಳ

ಯಲ್ಲಾಪುರ: ಜ್ಯೋತಿಷ ಶಾಸ್ತ್ರ ತಂತ್ರಜ್ಞಾನಕ್ಕಿಂತ ಮಿಗಿಲಾದ ಸಾಧನೆಯನ್ನು ಶತಮಾನಗಳ ಹಿಂದೆಯೇ ಮಾಡಿದೆ ಎಂದು ಜಿಲ್ಲಾ ಉಸ್ತುವಾರಿ ಸಚಿವ ಶಿವರಾಮ ಹೆಬ್ಬಾರ ಹೇಳಿದರು.

ತಾಲೂಕಿನ ಉಮ್ಮಚ್ಚಿಯ ಸುಮೇರು ಜ್ಯೋತಿರ್ವನದಲ್ಲಿ ಭಾರತೀಯ ಜ್ಞಾನವಿಜ್ಞಾನ ಪರಿಷತ್, ಆಪ್ಯಂ ಆಯುರ್ವೇದ ಪ್ರತಿಷ್ಠಾನ, ಸ್ನಾತಿಕ ಫೌಂಡೇಷನ್ ಆಶ್ರಯದಲ್ಲಿ ಹಮ್ಮಿಕೊಂಡಿದ್ದ 'ವೇದಾಯು ಜ್ಯೋತಿಷ ಸಸ್ಯ ಸಮೀಕ್ಷಾ' ಗೋಷ್ಠಿಯನ್ನು ಉದ್ಘಾಟಿಸಿ ಅವರು ಮಾತನಾಡಿದರು.

ಎಷ್ಟೇ ಆಧುನಿಕತೆಗಳು ಮುಂದುವರಿಯಲಿ, ಪರಿಸ್ಥಿತಿಗಳು ಬದಲಾಗಲಿ, ಅಂತಿಮವಾಗಿ ಮನುಷ್ಯನು ಜ್ಯೋತಿಷ ಶಾಸ್ತ್ರ ಮತ್ತು ಧಾರ್ಮಿಕ ನಂಬಿಕೆಯನ್ನೇ ಅವಲಂಬಿಸುತ್ತಾನೆ ಎಂದರು. ಸನಾತನ ಸಂಸ್ಕೃತಿ ಮತ್ತು ಪದ್ಧತಿಯೇ ನಮ್ಮ

ಜೀವಾಳ. ಒಟ್ಟಾರೆ ನಮ್ಮ ಮೂಲಭೂತ ಉದ್ದೇಶ ಸನಾತನ ಸಂಸ್ಕೃತಿಗೆ ಹೊಂದಿಕೊಂಡು ಇಂತಹ ಅನೇಕ ಕೆಲಸಗಳು ಆರೋಗ್ಯಪೂರ್ಣ ಸಮಾಜಕ್ಕೆ ಪೂರಕವಾದ ವಾತಾವರಣವನ್ನು ನಿರ್ಮಾಣ ಮಾಡಬೇಕು ಎಂದರು.

ಸಚಿವ ಶಿವರಾಮ ಹೆಬ್ಬಾರ ಅಭಿಪ್ರಾಯ

ಎಪಿಎಂಸಿ ಅಧ್ಯಕ್ಷ ಎಂ. ಜಿ. ಭಟ್ಟ ಸಂಕದಗುಂಡಿ, ಆಯುರ್ವೇದ ವೈದ್ಯ ಡಾ. ಪತಂಜಲಿ ಕೆ.ವಿ. ಇದ್ದರು. ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಗಳಾಗಿ ವಿದ್ವಾನ್ ಅನಂತಮೂರ್ತಿ ಭಟ್ಟ ಯಲೂಗಾರು, ಡಾ.ನಿರಂಜನ ಹೆಗಡೆ ಸಾಗರ, ಡಾ. ವಿನಾಯಕ ಉಪಾಧ್ಯ, ವಿ. ಸೀತಾರಾಮ ಭಟ್ಟ ಮತ್ತಿಗಾರು ಭಾಗವಹಿಸಿ ವಿಷಯ ಮಂಡಿಸಿದರು. ಡಾ.ಕೆ.ಸಿ. ನಾಗೇಶ ಭಟ್ಟ ದಿಕ್ಕೂಟಿ ಭಾಷಣ ಮಾಡಿದರು. ಭಾರತೀಯ ಜ್ಞಾನ ವಿಜ್ಞಾನ ಪರಿಷತ್ ಅಧ್ಯಕ್ಷ ಡಾ. ನಿವೇದಿತಾ ಭಟ್, ಗುರುಪಾದ ಹೆಗಡೆ ನಿರ್ವಹಿಸಿದರು.



ಯಲ್ಲಾಪುರ ತಾಲೂಕಿನ ತಾಲೂಕಿನ ಉಮ್ಮಚ್ಚಿಯ ಸುಮೇರು ಜ್ಯೋತಿರ್ವನದಲ್ಲಿ ಹಮ್ಮಿಕೊಂಡಿದ್ದ 'ವೇದಾಯು ಜ್ಯೋತಿಷ ಸಸ್ಯ ಸಮೀಕ್ಷಾ' ಗೋಷ್ಠಿಯನ್ನು ಸಚಿವ ಶಿವರಾಮ ಹೆಬ್ಬಾರ ಉದ್ಘಾಟಿಸಿದರು. ಎಂ. ಜಿ. ಭಟ್ ಸಂಕದಗುಂಡಿ, ಡಾ. ಪತಂಜಲಿ ಕೆ.ವಿ., ಡಾ.ಕೆ.ಸಿ. ನಾಗೇಶ ಭಟ್ ಇತರರಿದ್ದರು.

Co – ordinated by:

Dr. Niranjana Hegde

Chairmen, AAF®



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3. New Clinic Inauguration programme

Date : 23.07.2021

Venue : Sagar

Time : 9 AM

Organizers : Aapyam Ayurveda Foundation Sagar

Participants : 60

New branch of our was innaguated at Chamarajapete , Sagara on 23rd of June 2021.

ಆಪ್ಯಂ ಆಯುರ್ವೇದ ಚಿಕಿತ್ಸಾಲಯ ಮತ್ತು ಪಂಚಕರ್ಮ
ಪ್ರಗತಿ ನಗರ, ಜೋಗರಸ್ತೆ, ಎನ್.ಪಿ.206, ಸಾಗರ - 577401
www.aapyamayurveda.com

ಸಾಗರದಲ್ಲಿ ಸತತ 9 ವರ್ಷಗಳಿಂದ ಆಯುರ್ವೇದ ಚಿಕಿತ್ಸೆ ಮತ್ತು ಶಾಸ್ತ್ರೀಯ ಪಂಚಕರ್ಮ ಚಿಕಿತ್ಸೆಯನ್ನು ಒದಗಿಸುತ್ತಿರುವ "ಆಪ್ಯಂ" ಇವೀಗ ಸಾಗರದ ಹೃದಯಧಾರೆ **ಚಾಮರಾಜಪೇಟೆಯಲ್ಲಿ** (ನಂಕಟೇಶ್ವರ ಮಠಿಕಲ್ ಪಕ್ಕ) **ಜುಲೈ 23, 2021 ರ ಶುಕ್ರವಾರದಿಂದ** ಆಯುರ್ವೇದ ಕ್ಲಿನಿಕ್ ಆರಂಭಿಸುತ್ತಿದೆ.

ಆಪ್ಯಂ ಆಯುರ್ವೇದ - ಆಯುರ್ವೇದ ಸಲಹೆ + ಚಿಕಿತ್ಸೆ + ಪಂಚಕರ್ಮ
ಆಯುರ್ವೇದ ಸಲಹೆ ಮತ್ತು ಸಮಾಲೋಚನೆಗಾಗಿ ವೈದ್ಯರನ್ನು ಸಂಪರ್ಕಿಸಿ
ಡಾ. ನಿರಂಜನ ಹೆಗಡೆ ಹೊಸಬಾಳೆ
ದಿವಿಎಂಎಸ್., ಎಂ.ಡಿ. (ಆಯು) ಎಂ.ಎಸ್ಸಿ. (ಮನೋವಿಜ್ಞಾನ), (ಪಿಹೆಚ್.ಡಿ.) ಆಯುರ್ವೇದ

ಪ್ರಗತಿ ನಗರ, ಸಾಗರ	ಚಾಮರಾಜಪೇಟೆ, ಸಾಗರ
ಬೆಳಿಗ್ಗೆ 9-00 ರಿಂದ 10-30 ರ ವರೆಗೆ	ಬೆಳಿಗ್ಗೆ 10-30 ರಿಂದ ಮಧ್ಯಾಹ್ನ 2-00 ರ ವರೆಗೆ
ಮಧ್ಯಾಹ್ನ 4-00 ರಿಂದ 5-30 ರ ವರೆಗೆ	ಸಂಜೆ 5-30 ರಿಂದ ರಾತ್ರಿ 8-30 ರ ವರೆಗೆ
ಪಂಚಕರ್ಮ ಚಿಕಿತ್ಸೆ ಎಂದಿನಂತೆ	
ಬೆಳಿಗ್ಗೆ 9-00 ರಿಂದ ಸಂಜೆ 6-00 ರ ವರೆಗೆ	
☎ : 96064 36545	☎ : 73380 81464

ಸಹಜ ಆರೋಗ್ಯಕ್ಕಾಗಿ - ರೋಗನಿರೋಧಕ ಶಕ್ತಿ ಹೆಚ್ಚಿಸಲು, ನೈಸರ್ಗಿಕ ದೀಪಧಿಗಳಾಗಿ ಆಯುರ್ವೇದ **ಆಯುರ್ವೇದಕ್ಕಾಗಿ - ಆಪ್ಯಂ**
ಪ್ರಗತಿ ನಗರ ಮತ್ತು ಚಾಮರಾಜಪೇಟೆ-ಸಾಗರ 577401
ಅಸಕ್ತ ಆರೋಗ್ಯಾಶಾಂಕ್ಷಿಗಳು ಸಮಯೋಗ ಪಡೆಯತೊಡಗಿ





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With Hospital Staff

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4. Program through webinar on Healthcare.

Date : 27-05-2021

Venue : Bengaluru.

Time : 5:00 PM to 7:00 PM

Theme : Relevance of Ayurveda in the present scenario.

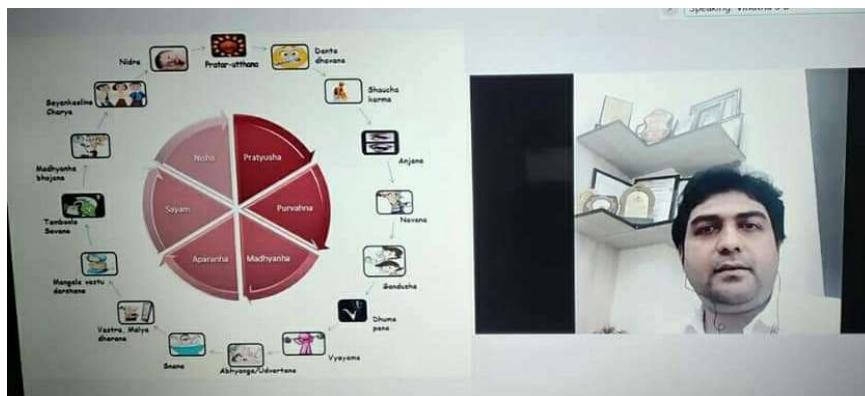
Organizers : The institute of cost Accountants of India.

Participants : 150

In the webinar discussions were made on the diverse development in technology, modern treatment with allopathic medicine and surgery has immense contribution globally. It has overshadowed the traditional form of medicines and treatments. Speaker Niranjana Hegde emphasized on Ayurveda which is the oldest medical treatment, which is most comprehensive and effective treatment in the world. He also told modern medical treatment only focuses on treating the ailment but Ayurveda treats for the aim of cutting the disease from the root.

Details of the program me

Particulars	Spearhead
Prayer	Students
Chief Guest	CMA H . Padmanabhan
Speaker	Dr. Niranjan Hegde





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<p>ಭಾರತೀಯ ವೇದ್ಯ ಲೆಕ್ಕಿಗರ ಸಂಸ್ಥೆ (ಸಂಸತ್ತಿನ ಕಾಯಿದೆಯಡಿ ಸ್ಥಾಪಿತವಾದ ಕಾನೂನುಬಾಹಿರ ಸಂಸ್ಥೆ) ಬೆಂಗಳೂರು ಘಟಕ "ಸಿಎಮ್‌ಎ ಭವನ", ನಂ. 81, ಮಲ್ಲಿಕಾರ್ಜುನ ತೆಮ್ಮಲೆ ರಸ್ತೆ, ಬಸವನಗುಡಿ, ಬೆಂಗಳೂರು - 560 004. ದೂರವಾಣಿ : 08026507082, 26600624.</p>		<p>The Institute of Cost Accountants of India (Statutory body under an Act of Parliament) Bengaluru Chapter "CMA Bhavan" No. 81, Mallikarjuna Temple Street, Basavanagudi, Bengaluru - 560 004. Phone No: 080 26507082 / 26600624. Email: manager@icmaiblr.org Website: www.icmaiblr.org</p>
 <p>CMA H. Padmanabhan</p>	<p>Programme through Webinar on Healthcare Topic: "Relevance of Indian System of Medicine (Ayurveda) in the Present Scenario" Guest : CMA H. Padmanabhan, Central Council Member – ICAI Speaker: Dr.Niranjan Hegde, B.A.M.S., M Sc, MD(Ay), (Ph.D)</p>	<p>Time: 05.00 pm to 07.30 pm</p>
<p>Date: May 27, 2021, Thursday</p>	<p>CEP Credit for CMA Members : 2 hrs.</p>	
<p>Welcome to CMAs, Guests and Students <i>On Behalf of the Managing Committee</i></p>		
 <p>CMA Manjula B.S. Chairperson</p>	 <p>CMA Kumar H.N. Vice Chairman</p>	 <p>CMA Satish R. Secretary</p>
 <p>CMA Sreepada H.R. Chairman – PDC</p>	 <p>CMA Vishwanath Bhat Secretary - SIRC</p>	<p>Link for the Webinar: https://pingtring1.webex.com/pingtring1/onstage/g.php?MTID=e6d83b68db539b49ad5ad1a9c7a4512ca Please visit the Chapter Website: http://icmaiblr.org/ असतोमा सद्गमय । तमसोमा ज्योतिर् गमय । मृत्योर्मा मृतं गमय ॥ ॐ शान्तिः शान्तिः शान्तिः ॥ <i>"Behind every successful Business Decision there is always a CMA"</i></p>

Relevance of Indian System of Medicine (Ayurveda) in the Present Scenario



Dr. Niranjan Hegde Hosabale.

B A M S, M D (AYU), M.Sc. Applied Psychology, (Ph.D) Manasa
Roga
aapyamayurveda@gmail.com

Co – ordinated by:

Dr. Niranjan Hegde

Chairmen, AAF®



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5. Personality Development Programme

Date : 27-05-2021

Venue : Hassan

Time : 10:00 AM

Theme : Personality Development for teachers

Organizers : Aapyam Ayurveda Foundation.

Participants : 100

This program is to emphasize personality development which is key for teachers to succeed in their careers and responsibilities. Personality development as enhancing one's outer and inner self through improving skills like communication, confidence, and knowledge.

Personality development is important for teachers because it helps them act as role models for students and build trust with parents. The document provides tips for teachers to develop their personality, including improving communication skills, appearing trustworthy, having strong morals, staying motivated, thinking positively, smiling, practicing public speaking, maintaining health and dress, being creative, and following etiquette.

Details of the programme

Particulars	Spearhead
Prayer	
Welcome Speech	
Inauguration –Lighting the lamp	
Keynote address	
Presidential Address	
Chief Guest	
Vote of Thanks	



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Co – ordinated by:

Dr. Niranjan Hegde

Chairmen, AAF Sagara




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6. Webinar: International Association of Aayushpathi


Date : 09.05.2021
Time : 5:30 – 6:00 PM
Theme : Awareness towards diabetes
Organizers : International Association of Ayushpathi
Participants : 100 (Online)

Emphasized on adopting a healthy dietary pattern together with physical activity are valuable tools in diabetes prevention and health promotion. Informed about the diet and lifestyle changes are simple, but profound, and they work.

**INTERNATIONAL ASSOCIATION
OF AYUSHPATHI PRESENTS**
365 days SINGAPORE Webinar Series
335th Webinar


Dr. M. Venkalai Suratha BSMS,DVM
Topic: மகளிர் உணவு

**DATE: 09:05:2021
(SUNDAY)
TIMING: 5:30-6 PM IST
8:00-8:30PM
(SINGAPORE ,
MALAYSIA)
PLAT FORM: GOOGLE
MEET**


Guest of Honour
*Dr. Nirarjan Hegde Hosabale,
MD(Ays),M.Sc.,Phd
Ayurveda consultant in
Aapyam Ayurveda Treatment
centre*

**Srini- +6583593101
E-poster by Sakthi Priya P**

Co – ordinated by:

Dr. Nirarjan Hegde

Chairmen, AAF Saga



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7. Webinar- IRES AYUSH SAMRIDDHI 309 Intl. Conference

Date : 14.02.2022

Venue : Online Kolkata University

Time : 6:00 PM

Theme : Divine Love and Heart – Healthy Classical view

Organizers : International Interdisciplinary institute for research education and skills

Participants : 60

Description:.

INTERNATIONAL INTERDISCIPLINARY INSTITUTE for RESEARCH EDUCATION and SKILLS

AYUSH SAMRIDDHI International Conference Series **Divine LOVE n HEART - Healthy Classical Way**



Dr. Bishnupriya Mohanty
Professor & Head
Gomantak Ayurveda Mahavidyalaya
& Research Centre
SHIRODA



Dr. Soumya E. A.
Assistant Professor
Department of PG -KC
Sri Sri Jayendra Saraswathi
Ayurveda College
CHENNAI



Dr. Niranjana Hegde
Chief Medical Officer
Aapyam Ayurveda Treatment
Centre
SAGARA



14 February 2022 from 6 pm



YouTube Live

@IndependentResearchEthicsSociety



iires.com

ayushsamriddhi@gmail.com Independent Research Ethics Society IIRES-AYUSH SAMRIDDHI ieccrindia.com





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(O) 08183 – 229977, aapyamayurvedafoundation@gmail.com

INTERNATIONAL INTERDISCIPLINARY INSTITUTE for RESEARCH EDUCATION and SKILLS

International Conference Series
Divine LOVE n HEART -
Healthy Classical Way

Speakers:
Shri Kishor Parik 'Kishor' Secretary-Rajasthan Rashtriya Kavi Sangam Adin- Jaipur Kavya Sadhak Former Head- Govt. Library JAIPUR
Dr. Nagendra P. Dubey Founder President World Association of Integrated Medicines & AUM Foundation LLC, NY, USA Former Advisor - WHO VARANASI
Dr. Ram Teertha Sharma Kendriya Sachiva Vaidya Ayurved Parishad HOD- Dept. of Sanhita Siddhanti Govt. Dharmawanti Ayu. College LULAIN

Moderator: Dr. Madan Thangavelu
Genome Biologist
Chairman- SOGI Director
International Interdisciplinary Institute for Research Education and Skills CAMBRIDGE

14 February 2022 from 6 pm

Dr. Pawan Kr Sharma:
President-IRE
VP- AUM
Member Secretary- IRE and KOLKATA



INTERNATIONAL INTERDISCIPLINARY INSTITUTE for RESEARCH EDUCATION and SKILLS

International Conference Series
Divine LOVE n HEART -
Healthy Classical Way

Speakers:
Dr. Bishnupriya Mohanty Professor & Head Gomantak Ayurveda Mahavidyalaya & Research Centre SHIRODA
Dr. Soumya E. A. Assistant Professor Department of PG - KC Sri Sri Jayendra Saraswathi Ayurveda College CHENNAI
Dr. Niranjan Hegde Chief Medical Officer Aapyam Ayurveda Treatment Centre SAGARA

Moderator: Dr. Madan Thangavelu
Genome Biologist
Chairman- SOGI Director
International Interdisciplinary Institute for Research Education and Skills CAMBRIDGE

14 February 2022 from 6 pm

Dr. Pawan Kr Sharma:
President-IRE
VP- AUM
Member Secretary- IRE and KOLKATA



Co – ordinated by:

Dr. Niranjan Hegde

Chairmen, AAF Sagara



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8. Brahmi Aapyam – Online platform

Date : 18-06-2022


Programme : Innaguration of Brahmi Aapyam

Organizers : Aapyam Ayurveda Foundation

Inauguration of Brahmi Aapyam an online platform for e-consultation and e-learning for the purpose of propogating true ayurveda among general public. Brahmi Aapyam provides oppurtunities for the qualified Ayurveda Doctors (Graduates and Post graduates) in domains which are in high demand in the Global health scenario.

*Aspiring to explore the Virtual world
of Ayurveda Practice?*

Find Your Place as a Specialist Ayurveda E-Consultant or E-course Creator at your convenience from wherever you are

 **BRAHMI** *Aapyam*
ONLINE

Brahmi – Aapyam Provides you opportunities for global reach

We are looking for young Ayurvedic doctors with rock-ing ideas to unlock the treasure of virtual world.
With the ease of flexible timings, you can now make the best use of your Knowledge and skills from anywhere as an E-consultant or E-course Creator

To know more/ Express your interest
Mail us
@
aapyambrahmi@gmail.com



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What's Brahmi- Aapyam?

Brahmi -Aapyam is an E-consultation and E-learning Platform created for the purpose of propagating true Ayurveda among general public.

Brahmionline Retail Pvt. Ltd, Bengaluru, Bengaluru, Karnataka, Bharat and Aapyam Ayurveda, Sagara, Karnataka, Bharat intend to collaborate aimed at meeting the demands for developing international professionals who can successfully manage the new global health challenges.

What's for Ayurveda Doctors from Brahmi- Aapyam?

Brahmi-Aapyam provides the opportunities for Qualified Ayurveda Doctors, (Graduates and Post-graduates) in domains which are in high demand in the global health scenario.

This effort is a first of its kind from the Ayurveda fraternity intending progress of the science and its practice.

What are the opportunities?

1. E-Consultation

Brahmi- Aapyam will facilitate you for Providing dedicated Ayurveda Consultants for genuine patients facilitating E-consultation hosted by Brahmionline Retail Pvt. Ltd,

Page 1 of 3

Aapyam Ayurveda will provide adequate training to the consultants for E-consultation and methods of Prescription writing on the Digital platform.

The focus of Brahmi-Aapyam will be on prescribing Classical Ayurveda Medicines which are both cost-effective and can make a difference in the lives of the Health seekers.

Benefits

- The E-consultant will be featured as a Specialist in the selected specialty as opted by the consultant and hosted on the Website of Brahmionline
- Consultant can choose to consult on any day and in any time of the day
- Remuneration for each E- consultation
- All processes are digitally monitored and can be accessed anytime, any where
- 100% assurance of data security
- Freedom to prescribe any Classical Ayurveda Medicine
- Regular updates and digital training

2. E-courses:

- Brahmi- Aapyam has also intended to provide E- Awareness in the form of Text, Still images and Videos about various diseases conditions and their treatment in Ayurveda.
- Planning, Designing and running E-courses for Propagation of Knowledge and creating Awareness on various aspects of Ayurveda, keeping in view the audience as Doctors, Health Care Professionals, Nurses, Physiotherapists, Care givers etc., will be hosted and disseminated by Brahmi- Aapyam.
- All E-courses will be prepared and disseminated by the panel of doctors recruited for E-consultation who opt for becoming a E-course creator.
- Each consultant can opt to take up the work of creating the course.
- All courses will be in the form of Video presentations
- There can be multiple Sessions in a said course.

Page 2 of 3

- Each session will not be exceeding 25 minutes of duration.
- Each session will be a blend of Video, Audio (Narration)/ Doodle art/ Animation/ Still images/ Power-point Slides
- Every E-course creator will be offered remuneration.
- Any E-consultant can create any number of E-courses.
- The E-courses once created and submitted will be the property of Brahmi Aapyam. The same cannot be featured on any other platform without the permission of the authorities of Brahmi- Aapyam.

Brahmi- Aapyam invites young Ayurveda graduates and post-graduates to be a part of this unique endeavor for building the future of Ayurveda from our own hands and minds.

Registration:

Any qualified Ayurveda graduate can register for the above opportunity. The registration will be initiated after receiving an Expression of interest from the consultant. The registration will include a one-time non-refundable deposit to be paid by the consultant once the registration is confirmed.

Join us to Explore, Experience and Enhance.....

Contact

Email : aapyambrahmi@gmail.com

Call us @ : 70195 32612/ 9980375322/ 96329 54244



Co – ordained by:

Dr. Niranjan Hegde

Chairmen, AAF Sagara



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9. World Health Day Programme

Date : 12-04-2021

Venue : Gnana Sagara Institute of Pyara medical and science

Time : 10:00 AM

Theme : Plants and their Ayurvedic benefits

Organizers : Gnana Sagara Institute of Pyara medical and science

Participants : 100

Guest Speaker Niranjana Hegde addressed students about Ayurveda and its health benefits. He also gave information on herbs and plants which are found in Malenadu region and health benefits of those herbs if we incorporate in our daily life. Students of Gnana Sagara institute of paramedical and science benefitted the lecture.



innaguration



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(O) 08183 – 229977, aapyamayurvedafoundation@gmail.com



Article published in newspaper about world health day.



Co – ordinated by:

Dr. Niranjan Hegde

Chairmen, AAF Sagara



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10.Ayurveda Class at GAMC

Date : 20-07-2022

Venue : Government Ayurvedic Medical College, Bengaluru

Time : 10:00 AM

Theme :

Organizers : GAMC

Participants : 150

Description :





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Dr. Niranjan Hegde

Chairmen, AAF Sagar



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Aapyam Institute of Indigenous Science and Research programmes.

1. Book Release Function.

Date : 15-02-2022

Venue : Mangaluru

Time : 11:00 AM

Organizers : Aapyam Institute of Indeginous Science and Research and Aapyam Ayurveda Foundation

Participants : 80

Two books were rereleased named “A Comprehensive review of Sanjivani Samrajyam” and “Padartha Prashnottara Shatakam” written by Dr Divya Jyothi and Dr Deepa KK By chief guest Shri Shrinivas Indage – President, Karyanirata Patrakarthara Sangha Dakshina Kannada.

Particulars	Spearhead
Prayer	Dr. Ranjani Deshpande
Chief guest	Shri. Shrinivas Indaje
Inauguration –Lighting the lamp	By Guests
Keynote address	Dr Hemachandra Shetty
Authors of book	Dr. Divya Jyothi and Dr. Deepa K K



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Padartha Prashnottara Shatakam

Ayurveda Question-Answer Series
Part-I

Dr. Deepa K.K.
BAMS, MD, PhD (Ayu)



Dr. Divya Jyothi
BAMS, MD, PhD (Ayu) MA (Sanskrit)



Aapyam Congratulates



Dr. Divya Jyothi

Director,
Aapyam Ayurveda Foundation®, Sagar
Scientific Co-ordinator,
Centre for Manuscript Studies,
AIIS&R



Dr. Deepa K.K.

Member
Aapyam Institute of Indigenous
Sciences and Research, Bengaluru
AIIS&R

For their Scholarly rendition of this volume presented to the fraternity of
Ayurveda and other scholars.

- | | | |
|---------------------------|----------------|----------------------------|
| 1. Dr. Niranjan Hegde | President | Sagara, Karnataka |
| 2. Dr. Hemachandra Shetty | Vice-president | Madantaryu, Karnataka |
| 3. Dr. Sriharsha K V | Secretary | Bengaluru, Karnataka |
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| 7. Dr. Ranjani Deshpande | Member | Bengaluru, Karnataka |
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| 9. Dr. Pradeep E K | Member | Mangaluru, Karnataka |

Aapyam Ayurveda Foundation®

Pragathinagar, Jog Road, NH 206, Sagar, Shimoga, Karnataka

Ph: +91 99803 75322, 70195 32612, 73380 81464

Website : aapyamayurveda.com

E-mail : aapyamayurvedafoundation@gmail.com

About the Authors



Dr. Deepa K.K. BAMS, MD, PhD (Ayu) She is currently an Associate Professor in the Department of Dravyaguna, KMCT Ayurveda Medical College, Manassery, Kerala. She studied ug. and pg. at A.N.Rao Ayurveda Medical College, Koppa, Karnataka. She was awarded her doctorate from an esteemed PG & RA institution, Gujarat Ayurved University, Jamnagar. Several scientific articles have been published in reputed journals on her research. She is also the author of a book 'Ayurveda', an online educational portal for Ayurveda and is a member of the Ayurveda World Congress and a member of AIIS&R, Bengaluru. She has an immense knowledge in the field of Dravyaguna. In the future, many other contributions are expected to be made in her name.



Dr. Divya Jyothi BAMS, MD, PhD (Ayu), MA (Sanskrit), PG Diploma in Manuscriptology and Palaeography, is an upcoming scientific researcher in Ayurveda, Manuscriptology. She is an occupant of Mangalore, Karnataka having travelled all over India through manuscript libraries, temples and educational institutions with a quest to find unexplored Ayurveda manuscripts. Her constant enthusiasm and uncompromising nature had made her a promising figure in her field. The devotion she had shown all through her studies, during under graduation at the Karnataka Ayurveda Medical College, Mangalore and post graduation in MAM College of Ayurveda and Hospital, Hassan, is reflected in her doctoral degree-PhD from PG & RA, Jamnagar the most esteemed institution of Ayurveda. A bunch of articles are also published in the public domain and many scientific presentations are noted in her credit at different scholarly platforms. This made her to achieve many awards like 'Innovative Young Researcher in Ayurveda Manuscriptology' and the future awaits her with many more to come. She is the Director and Chief Scientific Advisor, Aapyam Ayurveda Foundation®, Scientific Co-ordinator, Centre for Manuscript Research, Aapyam Institute of Indigenous sciences and research, Bengaluru. Currently, she is working as an Assistant Professor at Karnali Ayurveda Medical College, Mangalore, Karnataka.

Aapyam Ayurveda Foundation®
Pragathinagar, Jog Road, NH 206, Sagar, Shimoga, Karnataka
Ph: 962444444, 9980375322, 7019532612, 7338081464
Website : aapyamayurveda.com
E-mail : aapyamayurvedafoundation@gmail.com

|| Shri Dharmavrat Vajpayee ||



Aapyam Ayurveda Foundation®, Sagar
In Association with

Aapyam Institute of Indigenous
Sciences and Research, Bengaluru

BOOK RELEASE FUNCTION

"A Comprehensive Review of Sanjivani Samrajyam"

and

"Padartha Prashnottara Shatakam"

Date: On Tuesday, 15th of February, 2022, 11.00am

Venue: Patrika Bhavana, Ladyhill, Mangaluru

Book Release by: **Shri. S. Ganesh Rao**

Founder Chairman
G. R. Medical Coll, Hospital and Research Centre,
Mangaluru
Karnali Group of Institutions, Mangaluru

Guest

: **Shri. Srinivas Indaje**
President, Karyanirata Pattarakarta Sangha,
Dakshina Karnataka

Key Note

: **Dr. Hemachandra Shetty** B.A.M.S, M.S
Vice-President and Founder Trustee,
Aapyam Ayurveda Foundation, Sagar

Authors of the Books

: **Dr. Divya Jyothi** B.A.M.S, M.D (Ayu), Ph.D., MA (Sanskrit)
Asst. Professor,
Karnali Ayurveda Medical College, Mangaluru
Director, Aapyam Ayurveda Foundation®, Sagar
Scientific Co-ordinator,
Aapyam Institute of Indigenous Sciences
and Research, Bengaluru

: **Dr. Deepa K.K.**
Associate Professor, Dept. of Dravyaguna,
KMCT Ayurveda Medical College, Manassery, Kerala
Executive Member,
Aapyam Institute of Indigenous Sciences
and Research, Bengaluru



Executive Committee

Aapyam Institute of Indigenous Sciences and Research
Bengaluru

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Secretary and Founder Trustee, Aapyam Ayurveda Foundation®, Sagar
Executive Director, Centre for Manuscript Research,
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President and Founder Trustee, Aapyam Ayurveda Foundation®, Sagar
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Executive Director, Centre for Yoga Research,
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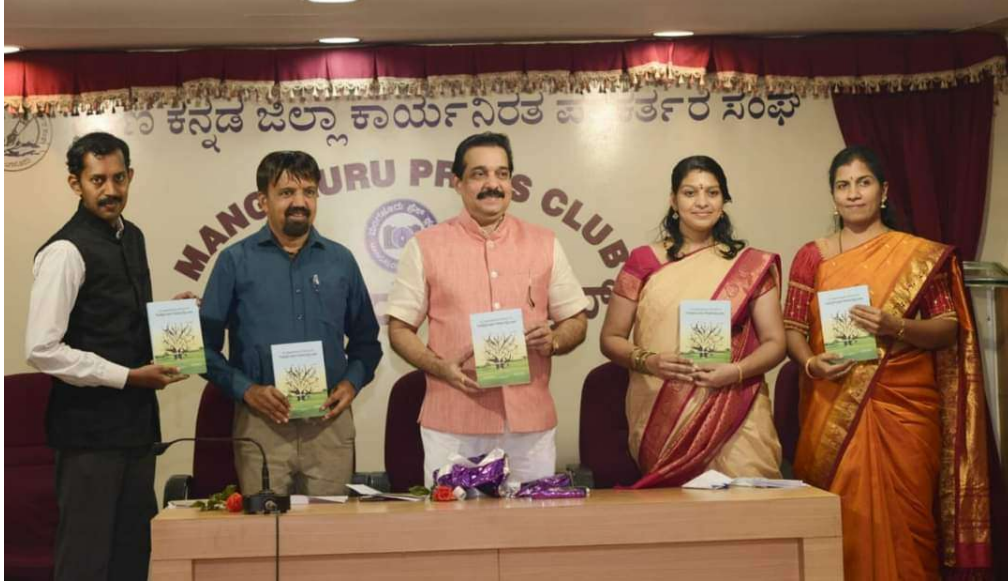
All Are Welcome



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Dr. Sriharsha K V

Manager, AAF® Sagar.



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2. Workshop on Ananda Gurukula

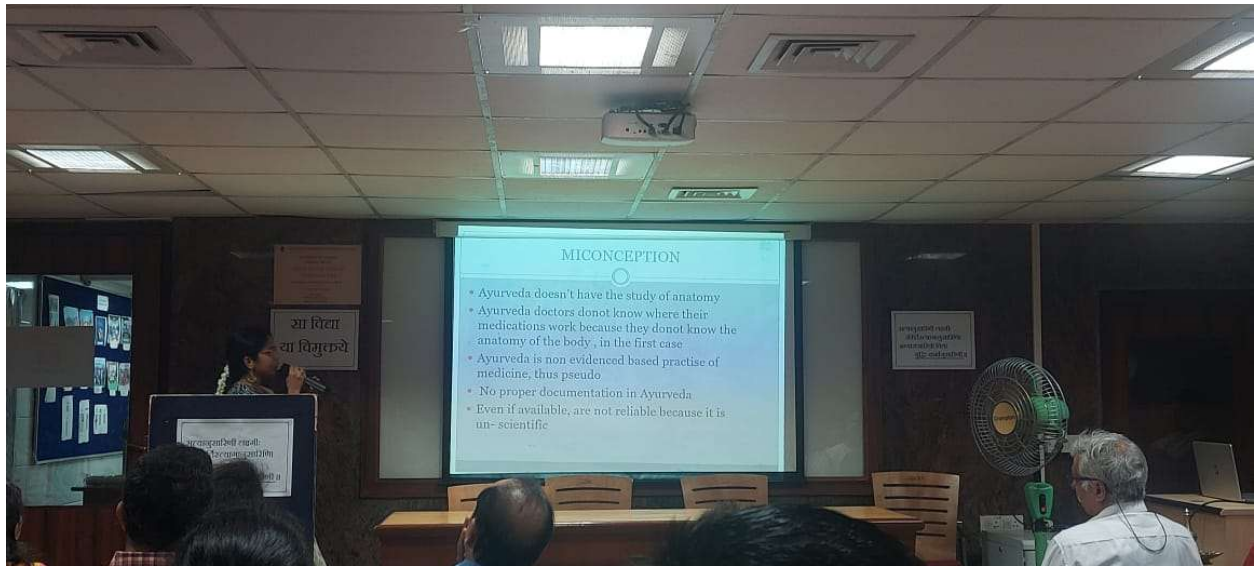
Date :

Venue : Bengaluru

Time : 10:00 AM

Organizers : Aapyam Institute of Indeginous Science and Research

Participants : 150





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